

06.02.2019
Season: **Easter**
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Gathering **#739**
Sermon: **Rest**

Why is rest so difficult?

Work is _____. Work at the _____ is bad.

Rest is _____. Rest at the _____ is bad.

Healthy _____ of work and rest are _____.
_____ at the _____ are bad.

God at the _____ is very good.

Genesis 1:1-3

Thus the heavens and the earth were completed in all their vast array.

By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work.

Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Matthew 12:1-14

Hebrews 4:1-8

The Challenge:

WE ARE SO GLAD YOU'RE HERE!

Emmaus is a 14 year-old, multi-generational church community committed to:

- ▶ **SHARING LIFE**
- ▶ **DISCOVERING JESUS**
- ▶ **RESTORING ALL THINGS**

Coming up next:



Find out more at EmmausCommunity.org

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