

03.29.2020 Gathering #782 Live Stream #2  
 series: Meet My Needs sermon: Walk Humbly

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**Walk**

"The is the \_\_\_\_\_ pace."  
 - Fr. Tom Brindley

**Micah 6:8**

"He has shown you, O mortal, what is good.  
 And what does the Lord require of you?  
 To act justly and to love mercy  
 and to walk humbly with your God."

**do justice** a\_\_\_\_\_

**love mercy** a\_\_\_\_\_

**walk humbly** a\_\_\_\_\_

**Plague of Cyprian**

Two Convictions:

- 1.
- 2.

What is required?

What is good?

# LENT<sup>5</sup> AT EMMAUS

Lent is a fast that prepares us for a feast. Each week, during this 40 day season leading to Easter, we'll embrace a specific fast. You're invited to join in. Each week's teaching will lay the foundation for a specific, week-long experience of recognizing true needs - both our own needs and the needs of others.

## THIS WEEK'S FAST:

This week, block out sections of each day to fast social media. Protect several hours of each day from the noise online. Truly connect with family. Live alone? Connect with others via phone. Cut the (digital) cord and embrace the people you're with and the moment you're in, right here, right now. Be present. Spend more time in prayer. Listen. Be still. Face your real self. Embrace God's love and your deep need for Jesus.

## THIS WEEK'S READINGS:

M: Psalm 143; 1 Kings 17:17-24; Acts 20:7-12  
 T: Psalm 143; 2 Kings 4:18-37; Ephesians 2:1-10  
 W: Ps. 143; Jeremiah 32:1-9, 36-41;  
 Matt. 22:23-33  
 Th: Ps. 31:9-16; 1 Samuel 16:11-13;  
 Philippians 1:1-11  
 F: Psalm 31:9-16; Job 13:13-19; Philippians 1:21-30  
 S: Psalm 31:9-16; Lamentations 3:55-66;  
 Mark 10:32-34

## THIS WEEK'S QUESTIONS:

- . What do you/don't you enjoy about walking?
- . Why do you think Micah connected the word "walk" with "humbly"? Why not "live" or "be"?
- . Share something you learned about the plague of Cyprian and how early the Christian response might guide ours today?
- . Do you often equate God's "requirements" with the "good" life? (Micah 6:8) Discuss!

✂️.....  
 let's stay connected!

name:  
 email:  
 address: